



BIO / PROFILE

KATHY MORELLI

Kathy Morelli, LPC, is a Licensed Professional Counselor, with an office in Wayne, N.J.



The author of multiple books on motherhood, Kathy specializes in Couples Counseling and the Emotions of Pregnancy & Birth. She provides counseling to

women and their families in the childbearing years around issues of adaptation to motherhood and the couple's transition to parenthood, as well as pregnancy loss, anxiety & depression, PTSD / birth trauma, sexual abuse, abortion, and prematurity.

Books by Kathy Morelli include: *BirthTouch® Shiatsu and Acupressure for the Childbearing Year*, *BirthTouch® Healing for Parents in the NICU*. Kathy is the creator of the web-based workshop for moms, *Strengthen Our Mothers*.

A blogging expert, Kathy has served as Guest Community Manager for Lamaze International's Science and Sensibility blog. Additionally she has lectured on BirthTouch® at the University of Medicine and Dentistry of New Jersey's Semmelweis Conference for Midwifery, several birth conferences, including BirthWorks®, HypnoBirthing®, at midwifery schools, and at Postpartum Support International's Annual Conference. She presents trainings to allied birth organizations about maternal mental health and family systems and is found on web media, such as PBS' This Emotional Life, writing and speaking about this subject. She is a CEU provider for DONA International.

973-713-6412

www.kathymorelli.com
www.birthtouch.com
www.postpartumtreatment.com